

Slow and Fast

BOOKS TO READ

Hi, Harry by Martin Waddell
The Hare and the Tortoise by Paul Galdone
The wheels on the race car by Alexander Zane
Roller Coaster by Marla Frazee
The gingerbread boy by Paul Galdone

MUSICAL ACTIVITY

Slow Day by Raffi on Bananaphone # 4 (ask children if they know animals that move slowly)
Rondo by Mozart (ask children if they know of animals that move quickly)
Gingerbread man by Kathy Reid-Naiman # 34 Ticks and Tunes

FINGERPLAYS AND RHYMES

Slowly, slowly, very slowly
Creeps the garden snail (Walk two fingers slowly up one arm)
Slowly, slowly, very slowly
Up the wooden rail
Quickly, quickly, very quickly
Runs the little mouse (Run two fingers up and down one arm)
Quickly, quickly, very quickly
Round about the house (Run the fingers around your body)

Run! Run! As fast as you can you can't catch me I'm the Gingerbread man

FLANNEL BOARD Gingerbread man story

CRAFTS

Colour a turtle and mount on a stick - on the back paste the following
Slow and steady wins the race
Colour a gingerbread boy and mount on a stick - on the back paste the following - Run, run just as fast as you can
Colour the picture of the Hare and the Tortoise

OTHER BOOKS

The Hare and the Tortoise by Betty Miles
The Tortoise and the Hare by Janet Stevens
Fast food by Saxton Freyman
Slowly, slowly, slowly said the sloth by Eric Carle

